

## Prompted Voiding Protocol

1. Contact each resident every two hours from 8 a.m. to 4 pm (i.e., four times per day).
2. Focus the resident's attention on voiding by asking whether he or she is wet or dry.
3. Check resident for wetness and give feedback on whether the resident's self-report was correct or incorrect (e.g., "Yes, Mrs. Jones, you are dry.")
4. Whether wet or dry, ask the resident if he or she would like to use the toilet (or urinal).
  - a. If yes:
    1. Assist him/her with toileting.
    2. Record the results on the bladder record.
    3. Give the resident positive reinforcement by spending an extra minute or two conversing with him or her.
  - b. If no:
    1. In the event they have not attempted to void in the last four hours, repeat the request to use the toilet once or twice before leaving, and follow step 4(a) if an affirmative response is received.
    2. If the resident is wet and declines to use the toilet, change him or her.
    3. Inform the resident that you will be back in two hours and request that the resident try to delay voiding until then.
5. Record results of each wet check and toileting attempt on either the following form or the FIT Daily Log.

# PROMPTED VOIDING FORM

**Instructions:** Use this form to record results of wet checks and prompted voiding attempts with *one* resident. The resident should receive prompted voiding every two hours between 8 am and 4 pm, for a total of 4 times on each day. There is space below to record results for 4 wet checks and prompted voiding attempts.

**Resident Name:** \_\_\_\_\_ **Employee Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Time:** \_\_\_\_\_ at 1<sup>st</sup> check \_\_\_\_\_ at 2<sup>nd</sup> check \_\_\_\_\_ at 3<sup>rd</sup> check \_\_\_\_\_ at 4<sup>th</sup> check

**1. Resident's condition at check (circle one for each check):**

|                              |                              |                              |                              |
|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>1<sup>st</sup> check:</b> | <b>2<sup>nd</sup> check:</b> | <b>3<sup>rd</sup> check:</b> | <b>4<sup>th</sup> check:</b> |
| Dry                          | Dry                          | Dry                          | Dry                          |
| Wet                          | Wet                          | Wet                          | Wet                          |
| Bowel                        | Bowel                        | Bowel                        | Bowel                        |
| Wet and bowel                | Wet and bowel                | Wet and bowel                | Wet and bowel                |

**2. Toileting outcome (circle one for each check):**

|                              |                              |                              |                              |
|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>1<sup>st</sup> check:</b> | <b>2<sup>nd</sup> check:</b> | <b>3<sup>rd</sup> check:</b> | <b>4<sup>th</sup> check:</b> |
| Refused                      | Refused                      | Refused                      | Refused                      |
| Dry run*                     | Dry run                      | Dry run                      | Dry run                      |
| Urine                        | Urine                        | Urine                        | Urine                        |
| Bowel                        | Bowel                        | Bowel                        | Bowel                        |
| Urine and bowel              | Urine and bowel              | Urine and bowel              | Urine and bowel              |

\* A "dry run" means that the resident attempted to toilet but failed to void.

**3. Resident's reaction to checks and prompts (circle one for each check):**

|                              |                              |                              |                              |
|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>1<sup>st</sup> check:</b> | <b>2<sup>nd</sup> check:</b> | <b>3<sup>rd</sup> check:</b> | <b>4<sup>th</sup> check:</b> |
| Self-initiates               | Self-initiates               | Self-initiates               | Self-initiates               |
| Cooperates-neutral           | Cooperates-neutral           | Cooperates-neutral           | Cooperates-neutral           |
| Cooperates-reluctant         | Cooperates-reluctant         | Cooperates-reluctant         | Cooperates-reluctant         |
| Uncooperative                | Uncooperative                | Uncooperative                | Uncooperative                |

**4. Level of assistance resident needed to toilet (circle one for each check):**

|                              |                              |                              |                              |
|------------------------------|------------------------------|------------------------------|------------------------------|
| <b>1<sup>st</sup> check:</b> | <b>2<sup>nd</sup> check:</b> | <b>3<sup>rd</sup> check:</b> | <b>4<sup>th</sup> check:</b> |
| Independent                  | Independent                  | Independent                  | Independent                  |
| Stand-by asst.               | Stand-by asst.               | Stand-by asst.               | Stand-by asst.               |
| Needs help of 1 person       | Needs help of 1 person       | Needs help of 1 person       | Needs help of 1 person       |
| Needs help of 2 persons      | Needs help of 2 persons      | Needs help of 2 persons      | Needs help of 2 persons      |